Through the difficult and confusing year of 2020, we have found a sense of community and belongingness through the people we have worked with, ally organizations we have collaborated with and audiences who have cheered us on.

Through the pandemic and the need for the globe to be virtual and distant, thank you for creating a close knit, believing in our goals and work and co-creating feminist internet and technology. The core team of Shripa Pradhan, Youba Rai, Rita Baramu and Kabita Rai was joined by Dikshya Khadgi and Rukshana Kapali in 2020 and Dipesh Khanal and Safal Lama as interns. Much thanks to Juna Lama for keeping us nourished and happy with good food every day.

We would like to thank Arpana Shrestha, Tara Chamling Rai, Pooja Khati, Supriya Manandhar, Mamata Pokharel, Raji Manjari Pokharel, Dovan Rai, Sarita Lamichhane, Kailash Rai, Kavita Raturi, Sapana Sanjeevani, Aashu Sarraf, Kishor Bayung Rai, Dev Tonimi Bahing, Neha Gauchan, Sikha Neupane, Shailee Chaudhary, Pallavi Payal, Sulav Pradhan, Sarita Baramu, Pratiik Thapa, Deekshya Dahal for working us as consultants, translators, researchers, resource persons in various training programs, research, workshops throughout the year. Thank you helping us co-create safe spaces.

Thank you to Anuska Sthapit worked with us as a consultant for website designing and restructuring. Nadege for website server infrastructures development, Hvale vale supporting us in developing remote working strategies and work-from-home policies, Lainie for the helping us develop communication strategy and Amina Singh for facilitating the strategic plan developing process of the organization.

Shubha Kayastha
Co-founder/ Executive Director
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Established in 2017, Body & Data works to enhance understanding and access to information on digital rights among women, queer people and minority groups where they are able to exercise their rights in a safe and just digital space. We work towards the vision of accessible, safe and just digital space for all, through cross movement building, facilitation for access to information, knowledge building and dissemination on digital rights in the context of Nepal.

For the year of 2020, we practiced the feminist values of care while working with women’s rights and queer rights activists, sexual health advocacies, journalists, young women, students, techies, human rights activists and other allies. During the global pandemic, we focused our work addressing the emerging issues arising due to the pandemic, while co-creating safe and learning space to discuss the intersectionality of gender, sexuality and the internet.

We would like to thank all the well-wishers, individuals and organizations that collectively came together for a feminist internet we hope to achieve, and for active participation and support for the campaigns, workshops, participation and advocacy we led in the year of 2020.
Collection and generation of resources is a part of our working area where we want the marginalized community to be heard, and their voices expanded through creating resources, that is further given visibility through campaigns and advocacy programs. Body and Data has intentionally tried to navigate through to develop or compile resources that are scattered when it comes to Digital Rights and its components. Knowledge Generation includes researches, policy analysis, reports.

To look into the experiences of Nepali people from different walks of life in the internet along with the challenges and opportunities, Body & Data conducted a research with the financial and technical support from Association for Progressive Communication (APC) as part of a regional grant from Amplify for Change for the phase II of EROTICS project. The qualitative part of the research focused on experiences of people with disabilities in the internet and their realities in terms of access, self-exploration and expression in the digital spaces.

The qualitative report named as “Beyond Access: Women and Queer Persons with Disability Expressing Self and Exploring Sexuality Online” is being worked on, where the report has been disseminated through an online discussion event with people with disabilities and activists working in the sector of disability, sexuality and digital rights. There were 22 participants in the focal group discussion and 16 during interview.

Similarly, a quantitative research titled “Identities Experiencing the Internet: Nepal Survey Report” that includes data of approximately 200 Nepali people around their usage, access and experience on the internet has been conducted and is published.
Body & Data in collaboration with the Association for Progressive Communications and the CYRILLA Collaborative conducted a research on Mapping of criminalization of Expression Online (MCEO).

In the research, laws relating to freedom of expression were studied and analyzed from a digital rights approach. Besides law, case studies, current socio-economic trend, artistic impression, sexual expression online were also analyzed in the research. The main aim of this research was to access the present legal instruments that are used or could be used to curtail the freedom of expression in Nepal.

Body & Data developed and shared an “Inclusive Nepali Language Guideline” as a part of its knowledge generation program. The guideline is a working document that aims to propose inclusive and gender friendly language for official and communication purposes to civil societies, activists and individuals. It is developed as a tool to deconstruct the heteronormative pattern of the Nepali language and offers the alternatives of such vocabularies. It was initially drafted by Rukhana Kapali and published with inputs by other team members too. A copy of this guideline could be accessed through our website too. Since the publishing of the guideline, the document has been a resource for communities we work with, and has been a part of collection in the Queer Rights Resource - Nepal.

We had consultations with various stakeholders as well as reading sessions around privacy, data privacy, from feminist lens. Total five consultations on the issue of privacy was held with different communities such as young women, queer people, trans people, women with disability and Madhesi youths. The aim of these consultation was to initiate dialogues about privacy including data privacy and what it meant to different groups of people while identifying the problems they face concerning privacy in their day to day life.
Body & Data released a chart addressing “Mapping Out Laws Relevant to Online Gender Based Violence in Nepal” which was based off of research on laws relevant to online violence in Nepal. This was a policy mapping and reviews of laws within the scope of digital rights in Nepal, with a focus on gender and sexuality. Three human rights lenses: Right to Privacy, Freedom of Expression and Freedom from Violence were used to analyze relevant laws. This document is meant to be condensed guide for victims, legal practitioners and activists.
We believe it is important to be vocal, visible and run campaigns on the internet to contribute to the advocacy for women and queer people's rights. Discourses surrounding the issues of freedom of expression, privacy, censorship, surveillance and policies that effect marginalized community should be magnified on the internet. This year, we have managed to reach a wider audience through our social media platforms (Twitter 1600+, Instagram 1800+ and Facebook 1500+).

Campaign: Information Technology (IT) Bill

Information Technology Bill is one of the most important bill that can dictate our online future. After the analysis and consultation around Information Technology bill on 2019, we released a collection of analysis and critiques of different articles written in the bill. The analysis was focused on the implications of the bill to women, sexual minorities and marginalized communities through the lens of consent, privacy, surveillance and freedom of expression, including sexual freedom.
Misinformation during Corona Pandemic Campaign

Following the stay-at-home orders and rise of numbers of covid-19 cases, there was a surge of misinformation online about the pandemic. Addressing the issue, we launched a campaign to “Misinformation During Corona Pandemic” during the months of March till May. The main objective of the campaign is to understand different misinformation about the pandemic that is present online, their harms and how to counter them. Misinformation and Disinformation is a harm to our Right to Information, and through online means the harms is escalated and multiplied.

The first part of the campaign was to know the general idea/ opinion of the public regarding different aspects of misinformation - common misinformation people have about corona around them, reliability of social media, and fact checking methods that people use. The second part was to focus specifically on different types of harms that misinformation has specially to marginalized folks and preexisting stereotypes against them. The third part comprised of sharing and bringing attention to various tools, platforms and websites that people can use for fact checking different news and information found around the pandemic.
With the pandemic, there was a considerable rise on the cases on online violence in Nepal. To address the issues around it, we launched the campaign against online violence. Under this, we had a weekly webinar on “Understanding Online Gender Based Violence and Countering Them” for three weeks on June. The weekly seminars included topics such as “online gender based violence and its harms”, “online misogyny and its impacts” and “countering online gender based violence - tips and tools”.

In the campaign, we also mapped out cases reported by media around gender based violence, shared resources on how to prevent ourselves from getting attacked online, and what can we do when we’re being attacked online. We also shared resources on reporting mechanisms on social media platforms, along with laws that address online violence in Nepal and their criticisms.

Privacy Campaign

There was a need to have a conversation around privacy during pandemic, and post pandemic times - what it meant for individuals to be surveilled and monitored. To address this, we launched a campaign on privacy, we released a series of comics on our social media where we addressed privacy concerns from our daily lives.
Following the huge numbers of harassment and online hatred targeted towards Nikisha, a content creator, we put out a statement of support and collected signatures. #SupportForNikisha was trending in Nepali twitter as a response to a video by a YouTuber where he is seen reacting to Nikisha's personal social media accounts including Tiktok videos taken and used out of context, neglecting Nikisha's narrative to the stories. This spewed a conversation online about the persistence of abundant hatred towards gender and sexual diverse people. 445 people signed the signature to condemn homophobia/transphobia on the internet.

16 Days of Activism: Mapping Laws Related to Online Violence in Nepal

Following the 16 Days of Activism against Gender Based Violence Against Women, we launched resources on mapping out laws relevant to online violence in Nepal, within the scope of digital rights in Nepal, with a focus on gender and sexuality. Three human rights lenses: Right to Privacy, Freedom of Expression and Free from Violence are used to analyze relevant laws.

#SupportForNikisha #SupportForNikisha #SupportForNikisha #SupportForNikisha #SupportForNikisha #SupportForNikisha #SupportForNikisha #SupportForNikisha
CONSTITUENCY BUILDING

We work with our communities – women, queer persons, tech enthusiasts, women rights activists, young people and civil societies through training programs. In 2020, we had the following workshops as a part of our capacity buildings.

Digital Storytelling Workshop

In the year of 2020, we had opportunity to co-create space to organize two Digital Storytelling Workshops, one on February (in physical space) and other on August (virtually because of the Covid-19 pandemic). Having a space to choose a story of our lives that we have found influential, and be able to create a digital documentation of that story resonated with our idea of increasing the visibility of women and queer folks through their stories and put forward their multiple realities.

We were able to introduce storytelling, discuss the process of storytelling and its political essence in the feminist movement along with sharing of some technical skills on story production. By the end of workshop, participants were able to produce altogether 22 stories on their own. 24 queer folks, people with disability and young women activists were participated in the workshop.

Later, the stories were screened and shared through a screening event called “कथाका कुरा: Story Screening” where the communities we work with, along with ally organizations and activists were invited to witness these powerful stories.

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We co-created two spaces to learn, hack and work with our digital tools and platforms that are secured. During the month of November, we worked with 17 queer folks who participated in the workshops in the areas of digital security, intersectionality on gender, sexuality and internet, mapped out vulnerabilities and unique challenges as queer community and how we can mitigate such risks. The workshop became a space to learn about issues of digital rights and feminist internet, while working with hands on sessions of different security tools, and figuring out techniques that can make us safer while using technology and being ourselves online.
CROSS MOVEMENT COLLABORATIONS

The issue of internet freedom, let alone through a feminist lens is particularly new in the context of Nepal. Hence, we actively collaborated with different ally organizations working in the fields of gender, feminism, sexuality and digital rights, and tried to interlink the working areas of each other. We worked on building solidarity and collaborative movement building on our quest for a more feminist internet.

Cross Collaborations Across National Movements

Yantra Tantra

On the Safer Internet Day, we collaborated with Women Leaders in Technology to organize a one-day event where the conversation happened surrounding internet, data, sexuality, gender and the intersection of these elements; the risks and opportunities of engagement online, and what online security means for individuals. The event was a collaboration with young tech community.

International Day against Queerphobia

On the International Day against Queerphobia, Body & Data in collaboration with Queer Rights Collective Nepal and Queer Youth Group organized a webinar to discuss the contemporary queer rights issues in the country. While unpacking of the term ‘third gender’ that the government of Nepal has recognize whether or not it is inclusive, the panel addressed various issues of intersex and trans communities in Nepal. The panel that included activists and individuals from the queer communities also spoke about queer relationship and marriage, queering mental health and shared experiences on organizing within the movement.
Sexuality Training for Visibly Impaired Women

We were with a part of “Sexuality Training for Visibly Impaired Women” organized by Prayatna Nepal. The two days’ sessions included a hands-on training on privacy and digital hygiene and discussion around the issues of intersectionality of gender, sexuality, disability and internet.

Session on Online Advocacy

In collaboration with Womens LEAD, Body & Data ran a session about the history, need and importance of online advocacy as well as some tools and tips while doing online campaigns to young women who were a part of Women LEAD course.

Collaboration with Prayatna Nepal for EROTICs Dissemination

We collaborated with Prayatna Nepal, an organization working to empower visually impaired girls and women. This collaboration was for dissemination of EROTICs qualitative research called “Beyond Access: Women and Queer Persons with Disability Expressing Self and Exploring Sexuality Online”

Consultation with Young People of Madhesh

We held a consultation with young people of Madhesh on access and usage of internet and technology with collaboration with Sanskriti - a youth led organization working in Birgunj. This is a part of - privacy consultation
We collaborated on a webinar on “Freedom of Expression on Online World” with Martin Chautari and Freedom Forum. We contributed to the conversation through the ideas of freedom of expression, including sexual freedom, along with the privacy concerns on our day to day lives - online or offline.
Body & Data participated and held a session named “Memes, Muahs and Everything in The Middle” addressing different ideas about how we can campaign online, along with the pleasure aspects of online world. The #SayEnoughAsia Skillshop, brought together 30 regional campaigners & activists from across 12 countries across Asia working to end violence against women & girls. The three days was a celebration of the richness of feminist campaigning – it involved structured skill and knowledge sharing hosted by activists themselves sharing on feminist filmmaking, zines and comics, poetry, board games and deep dives into social norm change.

Cross Collaborations Across International Movements

#SayEnoughAsia Skillshop

Digital Rights South Asia Campaign

We held space in the campaign called Digital Right South Asia by Association of Progressive Communications (APC) and CYRILLA to map out different laws relevant to digital rights in South Asia region. We shared different relevant laws in Nepal, along with the criticisms and analysis through the lens of gender and sexuality. The campaign also gave an opportunity to give resources made by Body & Data more visibility.

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1. Electronic Transaction Act (ETA) 2008 AD
2. Criminal Code 2017 AD
3. National Broadcasting Act 2049 BS
4. Right to Information Act 2064 BS
5. Individual Privacy Act 2018 AD
6. Press and Publication Act 2048 BS
7. Children Act, 2075 BS
8. Information Technology Bill 2019 AD
9. Special service Bill 2020 AD
10. Media Council Bill 2020 AD

Digital Laws Asia
The workshop was organized by Association for Progressive Communications. The workshop had 10 sessions where we had opportunity to learn from experts who has been working to improve Digital laws in South Asia. We navigated through laws in South Asia that addresses Digital Rights directly or indirectly and learnt tools and resources to develop a right based approach while dealing with case scenarios relating to Internet. Furthermore, we also had the opportunity to highlight and facilitate a session for digital rights laws in Nepal.

Tale of Tales
Body & Data facilitated a session on "Tale of the Tales" on APC convening on October held on virtual space. The 6 stories from the Digital Storytelling workshop 2020 were showcased and discussion was mode among the storytellers about their stories, their experiences throughout the story production and what are the feminist values and importance of bringing our stories. The convening was organized by APC on the occasion of their 30th anniversary.

Twitter Chat with Hidden Pockets
On “Women, Queer Individuals and Privacy During Lockdown”, we virtually collaborated with Hidden Pockets for a twitter chat where we had conversations through five guided questions around alternative spaces for queer folks, privacy principles in technology, surveillance and data exploitation challenges, domestic/intimate partner violence during the lockdown and cyberbullying during the lockdowns.

Internet Rules: Unboxing Digital Laws in South Asia
The workshop was organized by Association for Progressive Communications. The workshop had 10 sessions where we had opportunity to learn from experts who has been working to improve Digital laws in South Asia. We navigated through laws in South Asia that addresses Digital Rights directly or indirectly and learnt tools and resources to develop a right based approach while dealing with case scenarios relating to Internet. Furthermore, we also had the opportunity to highlight and facilitate a session for digital rights laws in Nepal.

Asian Pacific Regional Internet Governance Forum (APRIGF)
This year’s APRIGF was held virtually where we participated on a session proposed by Point of View (PoV) that focused on how critically looking at smart cities and facial recognition technology is seen as an indicator to development and how technology such as CCTV cameras and safety apps is seen as the solution for protection of women and children.
Decolonizing Sexuality: Take Back the Tech

In the Take Back the Tech Campaign, Body & Data conducted a session on “Decolonizing Sexuality” where the conversation happened around the colonial language that we use while talking about sexuality, the challenges and opportunities we face while we talk about sex, sexuality, gender and feminist principles of the internet within our communities. The session also included a conversation with fellow regional research partners of EROTICS and their experiences conducting the research and working with local communities.
FORUMS AND AFFILIATIONS

For the year of 2020, we focused on occupying national, regional and global spaces, through independent or affiliated events where we were invited to facilitate sessions, speak on panels and participate in discourses on gender, sexuality, digital rights and feminist internet. We broadened our work through intersectionality while working in feminist and digital rights spaces and reach wider mass of youths, women and queer folks. An opportunity in the pandemic was being able to occupy more global and regional spaces through online webinars and plenary discussions.
FORUMS AND AFFILIATIONS

- “Digital Technology and Human Rights” organized by COCAP
- “Impact of COVID 19 on the rights of marginalized people in Nepal” by COCAP
- “The Digital Age, Hate Speech and New Forms of Communication” in the event Feminist brainstorming and intergenerational dialogue organized by Women’s Media Collective (WMC) and International Centre for Ethnic Studies (ICES).
- Vella Panthi #2- A Conversation on Consent in Digital Space organized by Rising Flames
- ‘Privacy and Data Protection in the Fight against COVID-19’ organized by Innovation for Change South Asia
- “Gender Based Violence and Efficiency of Laws” in the event of International Day of Girl Child, by WomenLEAD
- ”The Future of Assembly: Human Rights in a Brave New World”, participation in consultation organized by Forum Asia and CIVICUS for report to the Human Rights Council by a UN Special Rapporteur


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OUR TEAM

Board Members

SUPRIYA MANANDHAR
Board Member

Supriya is an art director and freelance illustrator. She has also dabbed in journalism, working as desk editor of The Record in 2017 - 2018. Supriya comes from formal background in the visual arts and art education. She is a feminist and a Newa activist.

SARITA LAMICHANNE
Board Member

Sarita is a visually impaired change maker. She is the founder of Prayatna Nepal which is an organization working to empower visually impaired women to take their lives in their own hands. Apart from this, she is also a professional motivational speaker.

DOVAN RAI
Board Member

Dovan did PhD in Computer Science researching on education technology - at the intersection of education psychology, game design, datamining and Artificial Intelligence. She has worked with OLE Nepal for designing educational software for public schools of Nepal. She identifies as a feminist and socialist and she is looking for ways to make feminist socialist impact through technology, particularly AI.

BHARAT SHRESTHA
Board Member

Bharat is a professional developmental worker on the field of public health, education and social science. He is also a queer activist.

PALLAVI PAYAL
Board Member

Pallavi Payal is a political researcher and a feminist Mithila artist exploring ideas to re-invent Mithila art in current times to try to explain the impact of the citizenship amendment bill on Madhesi women, the culture of silencing women and other patriarchal and misogynistic mind-set that affects the lives of women, through Mithila Art.
Staff Members

SHUBHA KAYASTHA
Executive Director
Shubha is the co-founder and executive director at Body & Data. She comes from a background of women’s sexual and reproductive health and rights (SRHR). You can find her talking about digital rights, feminist internet, sexual expression and pleasure!

RITA BARAMU
Programme Manager
Rita is a feminist writer who comes from the background of gender, law and land rights. You will always find her speaking her mind about women’s, ethnic and minorities’ issues, and leading with a feminist perspective at Body & Data. Being paradox of loud laugh and soft voice, Rita is a force to reckon with.

KABITA RAJ
Programme Coordinator
Kabita is a feminist and LLB graduate with masters in Gender Studies. She has a history of working with child and youth at risk, and is involved in the indigenous movement. Kabita is also associated with Abiral - The Arts Group and Accountability Lab as Nepal Accountability Incubator

SHRIPA PRADHAN
Communication Officer
Shripa is a feminist and has been a debater in the past. She is a psychology major and loves Narratives Practices. You can always catch her enthusiastically speaking about BTS, her favorite band.

YOUBA RAJ
Finance Officer
Youba has been handling the administration and finances of Body & Data. Originally from Sankhuwasabha, Youba has been working in the field for past 7 years. She is definitely residential superwoman.
We would like to thank our partners and supporters - Foundation for Just Society (FJS) and Association for Progressive Communications (APC) for believing in our values and hopes we have for our organization. We were able to imagine and work for a feminist futures of our internet and digital spaces through the pandemic year 2020 because of your support.

We would also like to thank Vision for Change for their support towards our organization.

We again, would like to thank all of our team members, ally organizations, partners, and enthusiastic individuals for making through 2020 with resilience, hard work and hopes for a collective movement, for integration and intersection of feminism, technology and digital rights. We hope to increase more accessibility and engagement of women and queer persons in digital spaces through adoption and promotion of suitable strategies in 2021.